

"and you shall know the truth and the truth shall make you free." John 8:32

Welcome Visitors

We are blessed by your attendance and worshipping with us!

Prayer Requests

Martha Payne

Penny Hicks

Bonnie Godwin

The Wilkersons

Sharon Estvanko

Nathan Hotalen

Johnny Shaw

Sarah Stapler

Joyce Combs

Harel and family (loss of loved

one)

Kitty and Edward

Birthdays & Anniversaries

January

Amy Mallory	1
Hal Cash	2
Caden Mallory	18
Joyce Combs	31

Anniversaries

Fret Not

Sometimes in our walk with the Lord we struggle simply because we do not understand the adversity that comes into our lives. It is not that we are about to lose our faith or leave the Lord. It is because we are perplexed about what is happening at the moment. It is remarkable how that at times like this, even the smallest troubles can cause so much stress.

Evidently, David had such times in his life, and his words can help us deal with frustration. The opening paragraph of Psalm 37 begins with the words, "Fret not." Eight verses later, David again tells us not to fret over matters. How do we deal with the complexity of our lives? Between the two "frets" David mentions four actions we should do which can really help us.





God's Plan of Salvation

- 1. Hearing the Word of God (Rom. 10:17; Acts 16:32)
- 2. Believe what is taught (Mark 16:16; Heb 11:6)
- 3. Repentance (Acts 2:38; Luke 13:3; Acts 17:30)
- 4. Confession (Acts 8:37; Rom. 10:9-10)
- 5. Baptism (1Peter 3:21; Acts 2:38; Mark 16:16; Rom. 6:3-4)
- 6. After the above five steps, faithful (Christian living (1 Peter 2:11-12; Rev. 2:10)

This Week Leading Worship:

Sunday Morning:

Announcements Kelly Cauthen

Scripture

Song Leader Harel Otwell

Opening Prayer

Table Brandon Estvanko

Assisting Carlos Payne

Closing Prayer Korbin Cauthen

Sunday Evening:

Announcements Harel Otwell

Song Leader

Opening Prayer/Table

Closing Prayer Kenny Laminack

Next Week Leading Worship:

Sunday Morning:

Announcements Tony Hotalen

Scripture Camp Mallory

Song Leader Harel Otwell

Opening Prayer Brennan Mallory

Table Kenny Laminack

Assisting Korbin Cauthen

Closing Prayer Joe Mallory

Sunday Evening:

Announcements Joe Mallory

Song Leader Camp Mallory

Opening Prayer/Table Harel Otwell

Closing Prayer Camp Mallory

"**Trust** in the Lord and do good" (v. 3). One fundamental aspect of our character must be that we trust God. He knows! He sees! He cares! We become depressed and turn inward. These words of David point us in the other direction. Instead of pulling back and magnifying our problems, David reminds us to become active in our lives. The best cure for our frustrations is to look outward and, to use the words of Paul, "As we have opportunity, let us do good to all, especially to those who are of the household of faith" (Gal. 6:10).

"Delight yourself also in the Lord" (v. 4). Perhaps the cause of our frustration is that we have thought that true happiness comes from living a life without stress. A man once came to the Savior and was so troubled. Evidently his father had died and his own brother refused to share the inheritance. Think about these words of Jesus: "One's life does not consist in the abundance of the things he possesses" (Luke 12:15). Yet, when we think that "things" are so important, we lose sight of the spiritual treasures and joy found in the Lord.

Reminders:

Wedding Shower for Grace and Caden (January 15th) - registered at Walmart

Wedding for Grace and Caden 2-5-22 @2:00PM

All are invited!

West Georgia church of Christ - Momentum Youth Rally (Saturday, January 29th)

www.tallapoosacoc.com

facebook.com/tallapoosachurchofchrist

Sunday Bible study: 10AM Sunday Worship: 11AM Sunday Afternoon: 6 PM

Wednesday Bible study: 7PM

Joe Mallory, Minister 770-597-5009

"Commit your way to the Lord" (v. 5). Remember Gethsemane. Jesus was so troubled with all that was happening, and He prayed to God. It is not wrong for us to pray even over the smallest matters. Yet, notice how Jesus ended His prayer. After asking God to remove that cup of suffering which lay before Him, the Lord said, "Nevertheless not My will, but Yours, be done" (Luke 22:42). The fretfulness of stress is overwhelming when we think we know what is the best way for us.

"**Rest** in the Lord, and wait patiently for Him" (v. 7). Cast all your cares upon Him for He cares for you. Turn them over to God. Lay those burdens and patiently wait for Him. To paraphrase the words of Paul—do not be fretful about anything, but pray about everything and the peace of God will come to you to guide you (see Phil. 4:6-7). Wait for Him.

Brethren, hear His words—"Fret not."

- Dan Jenkins